

## RBT Ethics & Scope of Practice: Nightmare-Level Quiz

1. Type your question here

A parent privately asks you to secretly increase their child's reinforcement for potty training because they feel progress is too slow. The plan was approved by the BCBA. What's your most ethical response?

Edit description

Choose the BEST ethical response according to scope and supervision.

- A. Respect the parent's wishes since it helps the child
- B. Politely agree and make changes only during parent-observed sessions
- C. Tell the parent you can't make changes without the BCBA and report the request
- D. Increase reinforcement slightly and document it for the BCBA to see later

Answer Limit: 1

Correct Answer Info: C - RBTs must implement only what is in the written plan and report stakeholder pressure to supervisors. Ethics Code 2.02 and 1.06 apply.

Hint: Even small changes are outside your scope without BCBA direction.

2. Type your question here

You notice a fellow RBT using punishment procedures not listed in the client's behavior plan. What's your first step?

Edit description

Choose the BEST immediate action.

- A. Ignore it unless harm occurs
- B. Report the incident to your supervisor right away
- C. Ask the RBT to explain their reasoning before deciding
- D. Wait and see if it happens again before saying anything

Answer Limit: 1

Correct Answer Info: B - RBTs are ethically required to report misuse of procedures, especially punishments not in a written plan. See Ethics Code 2.07.

Hint: Silence equals complicity. Report safety issues immediately.

3. Type your question here

You accidentally disclose a client's diagnosis in a group chat with coworkers. What is the MOST ethical next step?

Edit description

What should you do if you breach confidentiality?

- A. Immediately report the error to your supervisor and document it
- B. Delete the message and hope no one saw it
- C. Ask coworkers to forget the message and move on
- D. Say nothing unless the client's family finds out

Answer Limit: 1

Correct Answer Info: A - Any breach must be reported and corrected. Ethics Code 2.10 and 3.01 require disclosure of errors and risk management.

Hint: Confidentiality breaches are serious. Always self-report.

4. Type your question here

Your BCBA is not responding to safety concerns about a client's frequent aggression. You've emailed them three times. What should you do next?

Edit description

Choose your most ethical next step.

- A. Report the BCBA to the BACB
- B. Continue sessions as usual and protect yourself
- C. Escalate to clinical director or designated compliance officer

D. Inform the parent and follow their advice instead

Answer Limit: 1

Correct Answer Info: C - RBTs must continue up the chain of command if a supervisor fails to address ethical or safety concerns. Ethics Code 1.07 & 2.06.

Hint: You're responsible for advocating for client safety-even when your BCBA is silent.

5. Type your question here

Your client's older sibling asks you about how therapy is going. What should you do?

Edit description

Pick the option that follows confidentiality laws.

- A. Give general feedback since they're family
- B. Say you're not allowed to share that information and redirect them
- C. Ask the parent if it's okay to share
- D. Share progress but skip confidential details

Answer Limit: 1

Correct Answer Info: B - RBTs can only share client info with authorized caregivers. Siblings aren't typically authorized. Ethics Code 2.09 & 2.10.

Hint: Always protect client information, even with family.